

Tough Starts: Treatment Matters

A Discussion Guide

1. The Importance Of Diagnosis

- a. Which of the reasons some parents hesitate to get a diagnosis for their child most resonated with you?
- b. Do you think you should get a diagnosis for your child? Why?

2. The Process Of Diagnosis

- a. How familiar were you with the idea of a comprehensive assessment before taking this course?
- b. How do you feel about the process you will need to go through, if you decide to have your child assessed?
- c. Which of the tests have been or do you expect to be most relevant for your child?

3. What To Do With A Diagnosis

- a. What do you think will be the most difficult aspect for you regarding your child's diagnosis?
- b. Who will help you understand your child's diagnosis?
- c. How will having a diagnosis help your child with regards to school?
- d. How will your family react to your child's diagnosis?

4. Treatment Options

- a. What goals do you have for treatment outcomes for your child?
- b. What types of treatment discussed in the course do you expect will be most useful to your child?
- c. What are your thoughts on medication?

5. Selecting Mental Health Providers

- a. What has your experience been to date with mental health providers?
- b. What are the most important factors to you when looking for a therapist?
- c. How will you go about finding professionals with adoption experience?

