

# Let's Talk Adoption: A Lifetime of Family Conversations

## *A Discussion Guide*

### 1. Why Talk About Adoption

- a. What do you think of the idea that adoption is part of your child's identity like race or eye color?
- b. How do you feel about your child having the "right to know" the facts of his history?

### 2. Barriers to Communication

- a. How did this lesson help you identify feelings about adoption that you didn't know you had?
- b. Did this lesson make you feel more or less comfortable about talking about adoption with your child?

### 3. Developmental Stages

- a. How soon do you intend to begin telling your child about adoption?
- b. How do you think you will talk about adoption differently at different stages of your child's life?

### 4. Communication Strategies

- a. How important do you think it is to share your child's history with her? What worries you about telling your child the truth about her history?
- b. In this lesson you analyzed conversations between parents and their children about adoption.
  - i. Could you imagine having a similar conversation with your child some day? How might it be similar/different?

### 5. Communication Tools

- a. Do you plan to have family rituals around your child's adoption?
  - i. Why or why not?
- b. Do you plan to join an adoption support group?
  - i. Why or why not?

